

# Things We Missed! Things We've Added!

## Spring/Summer 2018 Program Guide Updates

### Computers

#### One-on-One Tutorial 628058

- Correct day: Friday, May 4, 12 - 1 pm

#### EPL E-Books & Audiobooks 628076

- Correct start time: Tue, May 15, 1:30 - 3:30 pm

### Dance

#### Tap Dance: Performance 628097

- Correct dates: Wed, Apr 18 - May 23...extra practice dates pending

### Fitness

#### New! Discover Essentrics for Pain Relief 628136

- Tue, May 15 - Jun 5, 1 - 2:30 pm - 90 minute weekly session includes gentle and dynamic workout, discussion and hard copy of book Forever Painless
- Fee: Member \$104, Non Member \$139.

#### Co-Ed Cardio Yogasize 628170 (Summer)

- Correct dates/times: Mon, Aug 13-17, 9-10:15am

#### New! By Request! Cardio Salsa 632716

- Instructor: Maria Yakula
- Tue, Apr 17 - May 22, 9:30 - 10:30 am
- Fee: Member \$43; Non Member \$78

#### New! By Request! Yoga: Gentle - Thursdays

- 632761 - Thu, Apr 19 - May 17, 11 am - 12 pm
- 632762 - Thu, May 24 - Jun 21, 11 am - 12 pm
- Fee per session: Member \$34; Non Member \$69

### Music

#### Anyone Can Sing! 628254

- Apologies - a double-booking.
- New date and time! - Mon, July 9 - 30, 10 am - 12 pm
- Anyone Can Sing! 628255 - Cancelled (as per instructor).

### **Guitar or Ukulele Lessons: Private**

- Please note: Five week programs - Mon, May 28-Jun 25 or Fri, May 25-Jun 22
  - Correct Fee: Member \$127; Non Member \$162
- Please note: Three week programs (Friday and Monday in July and August)
  - Correct Fee: Member \$76; Non Member \$111

## **Health & Wellness**

### **Foot Health in the Community 628240**

- Correct date: Wed, May 2 @ 10:30 am

## **Offsite Adventures**

### **New! By request! River Cree Resort and Casino outing 636686**

- Thu, Jun 21, 10 am - 5 pm, \$5 (member & non-member)
- Bus leaves Central Lions at 10 am and the casino (return trip) at 2:30 pm
- Round trip transportation - Walkers welcome, no wheelchairs
- \$5 in free play, complimentary lunch, name entered in CLSA 50/50 draw

## **Painting**

### **New! Due to Demand! Acrylic Paint Pouring - 636687**

- 2nd date added: Thu, May 17, 1 - 4 pm
- Fee: Member: \$35, Non Member \$70 includes ALL supplies

### **Mixed Media with Acrylics 631851**

- Correction - Week One: Apr 19, 10 am - 4 pm for prep work followed by Weeks Two-Five (Apr 26 - May 17) 9:30 am - 12:30 pm to complete painted art project.

### **Watercolours: Fast & Fabulous Flowers 628294**

- This is a two week, twice a week program.
- Correct end date: Thur, July 19

### **Watercolours: Sunrise, Sunset! 628290**

- We love Frank. We are just sorry we missed putting in the correct fee. The good news - it is less than in the program guide.
- Correct fee: Member \$52, Non Member \$87

## **Clubs**

### **Pickleball for Fun - Corrected Dates**

- 629020 Tuesdays - Tue, Mar 20 - Dec 18, 12:45 - 4 pm
- 628027 Thursdays - Thu, Mar 22 - Dec 20, 12:45 - 4 pm

- 628017 Tue & Thu - Tue/Thu, Mar 20 - Dec 20, 12:45 - 4 pm